



Rowland Adult & Community Education

RECREATION DEPARTMENT
recreation.rowlandschools.org
(626) 965-5975 EXT.1567 or 1569

RECREATION OFFICE HOURS

Monday 10:00am – 5:00pm
Tuesday to Thursday 1:00 – 5:00pm
Friday 10:00am – 4:30pm
Closed July 4th

Coordinator: Colleen Bridgewater
Office Assistant: Kristine Lapena
Aquatic Coordinator: Arlene Macias

2022 SUMMER

INSPIRING YOUTH THROUGH RECREATIONAL ACTIVITY

**SWIMMING PRE-REGISTRATION SATURDAY APRIL 30, 2022
(IN PERSON REGISTRATION)**

Swim Lesson Registration will continue until classes are full

Saturday April 30th from 8:00am to 2:00pm.

Registration is on a First Come Bases.

**Location: Rowland Adult & Community Education
2100 Lerona Ave., Rowland Heights**

No Mail-in or Emailed Registration accepted on or before April 30, 2022!

**REGISTRATION FOR ALL OTHER CLASSES BEGINS MONDAY MAY 2, 2022
And will Continue until classes are full**

SUMMER RECREATION OFFICE HOURS (June 13, 2022 to July 18, 2022)

Monday: 10:00am – 5:00pm • Tuesday–Thursday: 1:00 – 5:00pm • Friday: 10:00am – 4:30pm

REGISTRATION / CLASS INFORMATION

***** ALL STUDENTS MUST BE REGISTERED AT THE RECREATION OFFICE BEFORE GOING TO ANY CLASS.**

*****ONLY PARENT OR LEGAL GUARDIAN MAY REGISTER STUDENTS.**

Please note the beginning date/time of your class which is listed on your receipt. All session fees must be paid at the time of registration regardless of attendance. A \$5.00 NON-REFUNDABLE FEE WILL BE ASSESSED ON EVERY REGISTRATION. Rowland Adult & Community Education Recreation Department reserves the right to cancel (without notice) any program due to lack of enrollment, in which case a refund will be issued.

There will be NO makeup classes if you miss a class. Rowland Adult & Community Education-Recreation Department reserves the right to make changes of day, time, location, or staff. There will be NO IN-CLASS REGISTRATION. All registrations are to be processed at the RACE Office, Email or Mail.

The Recreation Department reserves the right to refuse service or ask a participant to leave the program to anyone including Parent, Grandparent or Student who is rude or disrespectful to any staff member. Remember treat one another as you wish to be treated, character counts!

REGISTRATION PROCEDURES

Walk-In:

Rowland Adult & Community Office, 2100 Lerona Avenue, Rowland Heights. Register during Recreation office hours. Fees can be paid in cash, check, Visa, Mastercard or American Express

Email or Mail-In:

Email Registration – Complete the registration form located on the back page of this brochure with credit card payment and email to:

rusd-recreation@rowlandschools.org

Walk-ins will be top priority on the first few days of registration.

Mail in Registration – (Allow 1 week for mail delivery) Use the Recreation Registration Form located on the back page of this flyer.

Make check payable to: RUSD (Rowland Unified School District) A \$25 service charge is applied to all returned checks, sorry, no exceptions.

Mail registration form & check to: Rowland Adult & Community Education, 2100 Lerona Avenue, Rowland Heights, CA 91748

THE ARTS

ART FOR CHILDREN - 8 WEEKS

Students learn how to create a specific type of artwork using different techniques and materials. Classes include a brief lesson, and an introduction to the subject and medium.

Max. 16 Students

120202	Ages 5-7	Thursday	6/2-7/21	3:15-4:15pm
120203	Ages 8-10	Thursday	6/2-7/21	4:30-5:30pm
Class Fee: \$80		Material Fee: \$15 due first class meeting		
Instructor: Estela Mora		Loc: RACE Room 103		

MAGIC FUN FOR KIDS

NEW MAGIC FUN FOR KIDS - 7 WEEKS

This new exciting magic class will teach the basics of magic and preforming! Students will learn techniques of close-up magic and how to perform in front of an audience. A professional designer will give a short presentation on costuming and the last class each student will have the opportunity to perform in front of the other students. This class will not only be informative, but a lot of fun! Students will also receive a certificate of completion. **Min. 5 students, Max. 8.**

270301	Ages 8-12	Wednesday	6/8-7/20	3:45-4:45pm
270302	Ages 13-17	Wednesday	6/8-7/20	4:45-5:45pm
Class Fee: \$140		Material Fee: \$15 due first class meeting		
Instructor: Martin Holguin		Loc: RACE Room 101		

CUPCAKE & COOKIE FUN

Registration CLOSES 2 Day Prior to Workshop Dates

NEW LEARN & EXPERIENCE THE TOP 10 ICING TIPS - 1 HOUR WORKSHOP

Take this class and learn the Top 10 Icing Tips used today in the baking world. Multiple decorations can be made from one icing tip, but you will experience all 10! The class will start with how to put a tip in an icing bag, how to fill the bag with icing and how to use an optional tool called a 'coupler' with various tips. We will be making flowers, ropes, ruffles etc. with various tips. Fun class for a beginner in the world of decorating cookies, cakes, and cupcakes! Moms are welcome to attend at no extra charge. **Max. 7 Students**

122201	Ages 7 & Up	Monday	7/11	6:00-7:00pm
Class Fee: \$30		Instructor: Geri Keller		Loc: RACE Room 105
Material Fee: \$15 paid at entry for buttercream icing & cupcakes. Cash only				
PARENTS MUST WALK CHILD TO CLASSROOM TO MEET THE INSTRUCTOR.				

NEW HANDPAINTED WATERCOLOR COOKIES - 1 HOUR WORKSHOP

This class will start with a plain cookie and the student will learn the technique of 'painting' with various gel colors and water. There is no limit to the creativity when painting cookies that are also edible! We will use Royal Icing and Fondant as the starting point or base. Easy and fun for all ages! Moms are welcome to attend at no extra charge. **Max. 7 Students**

123001	Ages 7 & Up	Monday	7/18	6:00-7:00pm
Class Fee: \$30		Instructor: Geri Keller		Loc: RACE Room 105
Material Fee: \$15 paid at entry of class, for cookies, various icings, & paints. Cash only				
PARENTS MUST WALK CHILD TO CLASSROOM TO MEET THE INSTRUCTOR.				

FUN WITH FONDANT FOR KIDS - 1 HOUR WORKSHOP

The class is fun for those who want to learn how to make various Fondant flowers, animals and leaves. What a great way to make their cookies and cupcakes stand out! Easy and fun! Moms are welcome to attend at no extra charge. **Max. 7 Students**

121201	Ages 7 & Up	Monday	6/20	6:00-7:00pm
Class Fee: \$30		Instructor: Geri Keller		Loc: RACE Room 105
Material Fee: \$15 paid at entry of class for fondant & decorations. Cash only				
PARENTS MUST WALK CHILD TO CLASSROOM TO MEET THE INSTRUCTOR.				

MUSIC

Piano, Guitar, Drums & Saxophone!
The Rowland Heights School of Music & Arts

PIANO FOR CHILDREN - 8 WEEKS

A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. **Min. 5 students, Max. 8.**

130103	Beginning	Ages 4-5	Wednesday	6/8-7/27	1:30-2:30pm
130104	Beginning	Ages 4-8	Wednesday	6/8-7/27	4:00-5:00pm
130102	Beginning	Ages 4-8	Friday	6/10-7/29	1:30-2:30pm
130105	Beginning	Ages 9-14	Friday	6/10-7/29	3:30-4:30pm
Class Fee: \$140			Material Fee: \$25 due first class meeting		

****You will need your own personal set of headphones with large prong adapter.**
You can purchase the adapter at: Best Buy or Target.

SATURDAY PIANO FOR CHILDREN - 8 WEEKS

SATURDAY CLASS FOR CHILDREN - 6 WEEKS

130107	Beginning	Ages 4-8	Saturday	6/4-7/23	3:00-4:00pm
Class Fee: \$140		Material Fee: \$25 due first class meeting			
Instructor: Yolanda Fresnoza, Ed.D.		Loc: 19271 E. Colima Rd., Suite H. Rowland Hts.			
**You will need your own personal set of headphones with large prong adapter.					
You can purchase the adapter at: Best Buy or Target.					

CONTEMPORARY GUITAR FOR KIDS - 8 WEEKS

Students will learn to read music, play chords, rhythm skills & proper technique of playing the guitar while enjoying this fun class. **Min. 4 students, Max. 8.**

the guitar while enjoying this fun class. Min. 4 students, max. 6.					
Students must bring acoustic or electric guitar.					
130304	Beginning	Ages 6-13	Saturday	6/4-7/23	1:00-2:00pm
Class Fee: \$140		Material Fee: \$15 due first class meeting			
Instructor: Manuel Ng, Jr.		Loc: 19271 E. Colima Rd., Suite H. Rowland Hts.			

MUSIC Cont . . .

CLASSICAL GUITAR FOR KIDS - 8 WEEKS

In this beginning Classical Guitar class, students will be able to learn the discipline and basic technique of playing solo classical pieces, including skills in reading musical notes, note value, rhythm, musical terms interpretation of musical score. The classical guitar, sometimes referred to as "Spanish guitar" has nylon strings which give the warm, mellow tone. **Min. 4 students, Max. 8.**

130401	Beginning	Ages 7-12	Saturday	6/4-7/23	2:00-3:00pm
Class Fee: \$150			Material Fee: \$15 due first class meeting		
Instructor: Manuel Ng, Jr.		Loc: 19271 E. Colima Rd., Suite H. Rowland Hts.			
Students must Bring classical guitar (with nylon strings not steel strings) and footstool for classical guitar.					

DRUMS - 8 WEEKS

The moment you're born, you have that built in rhythm inside you. Students will enjoy this fun class while learning basic techniques of drumming, proper grip position, hand/wrist development, hand/foot coordination & more! **Min. 4 students, Max. 6.**

Students must bring drumsticks and a drum pad.					
130201	Beginning	Ages 6-12	Saturday	6/4-7/23	3:00-4:00pm
Class Fee: \$140		Material Fee: \$15 due first class meeting			
Instructor: Manuel Ng, Jr.		Loc: 19271 E. Colima Rd., Suite H. Rowland Hts.			

NEW INTRODUCTION TO SAXOPHONE - 8 WEEKS

Beginning students will learn the basics of playing the saxophone, including proper placement, breathing, and fingering technique, as well as the rudiments of music and more! For continuing students will learn to play different styles of music, further enhance saxophone techniques, and expand knowledge of music theory. **Min. 4 students, Max. 6.**

130903	Beginning	Ages 13 & Up	Monday	6/6-8/1	7:00-8:00pm
Class Fee: \$140		Material Fee: \$15 due first class meeting			
Instructor: Ric Junasa		Loc: 19271 E. Colima Rd., Suite H. Rowland Hts.			
Saxophone purchase at Sam Ash or rented at Rowland Music.					*No Class 7/4

LITTLE COMPOSERS

LITTLE COMPOSERS - 7 WEEKS

Students will develop composing and piano improvisation skills with the help of the high-level integrated curriculums that blends innovative learning curves with a suite of AI-enabled music generation tools in a multi-layered designed, interactive environment. Little Composers Series 1 consists of seven courses, students will compose a simple piano piece after completing the whole course. The program series is exclusively represented by Mercury Orbit Music, an AI music startup recognized as the only one related to AI music field among the top 30 AI technology by XPRIZE. The company is also named as one of the top 11 Ed-tech companies by USC Rossier Edtech Cohort 3, as well as selected by the AWS Edtech accelerator program presented by Amazon.

131001	Ages 5-6	Wednesday	6/8-7/20	3:00-4:00pm
131002	Ages 6-7	Wednesday	6/8-7/20	4:00-5:00pm
131003	Ages 7-10	Wednesday	6/8-7/20	5:00-6:00pm
Class Fee: \$175		Material Fee: \$12-\$24 due first class meeting		
Instructor: Yang Zhang		Loc: RACE Room 103		

ACADEMIC & COMPUTER CLASSES FOR CHILDREN

AGI ACADEMY

INTRODUCTION TO TYPING MICROSOFT WORD & POWER POINT - 7 WEEKS

Students will develop proper typing skills to benefit them for a lifetime. Students will learn Microsoft Word for writing reports, homework, and basic communication skills. This class will cover formatting with fonts, paragraph alignment, clip art, tables, margins, spelling and grammar, bullets and numbering, columns and indents. Students will also learn PowerPoint for slide shows to apply to their academic work and school projects.

140101	Ages 8-14	Monday	6/6-7/25*	7:00-8:00pm
Class Fee: \$154		Material Fee: \$10 due first class meeting		
Instructor: Alan Ng		Location: Rowland Adult & Community Ed. Room 102		
*No Class 7/4				

MATH WORKSHOP - 7 WEEKS

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd - 8th graders. Whether students need help with homework assistance, or want to prepare for a test, AGI is here to help. This program not only helps your child's math skills improve, but will also help their overall success in school.

140201	Ages 8-13	Monday	6/6-7/25*	6:00-7:00pm
Class Fee: \$154		Material Fee: \$10 due first class meeting		
Instructor: Alan Ng		Location: Rowland Adult & Community Ed. Room 102		
*No Class 7/4				

CRITICAL READING & WRITING EXPRESSION - 7 WEEKS

This course helps students strengthen their critical reading and writing skills, both of which are essential skills for academic success. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to prepare for standardized tests.

140301	Ages 7-12	Monday	6/6-7/25*	5:00-6:00pm
Class Fee: \$154		Material Fee: \$10 due first class meeting		
Instructor: Alan Ng		Location: Rowland Adult & Community Ed. Room 102		
*No Class 7/4				

DEBATE AND PUBLIC SPEAKING - 7 WEEKS

Students will gain confidence speaking publicly and strengthen their interpersonal, problem-solving and communication skills. The debate preparation process requires students to thoroughly research a given topic, create a persuasive argument, anticipate their opponents' rebuttal, and prepare intelligent responses.

and/or opponents rebuttal, and prepare intelligent responses:				
140501	Ages 9-13	Monday	6/6-7/25*	4:00-5:00pm
Class Fee: \$154		Material Fee: \$10 due first class meeting		
Instructor: Alan Ng		Location: Rowland Adult & Community Ed. Room 102		
*No Class 7/4				

ACADEMIC & COMPUTER CLASSES FOR CHILDREN Cont . . .

AMERICAN SIGN LANGUAGE - 7 WEEKS

American Sign Language is a great language to learn. Students will learn through fun games and quick exercises in vocabulary, students will not only build a new language, but provide an opportunity to improve test scores through skilled brain activities.

170001 Ages 8-12 Saturday 6/4-7/23* 9:30-10:15am
Class Fee: \$100
Instructor: Rachel Gomez
***No Class 7/2**
Material Fee: \$10 due first class meeting
Location: RACE Room 102

LEADERS LEARNING CENTER
19228 Colima Road, Rowland Heights, CA 91748
Minimum of 5 Students per classroom

POWER MATH - 8 WEEKS

The Power Math curriculum is personalized for each student. It combines fun, interactive hands-on problems that require students to think critically and uses traditional arithmetic practice to solidify your child's fundamentals. This method promotes independent problem-solving and offers an alternative way of learning. As a result, students will build self-confidence, logical thinking, problem-solving skills, and develop a lifelong interest in math. This class is designed for students from kindergarten to 6th grade. Classes will be held in small groups of students of similar ages.

160201	K-2nd Grade	Wednesday	6/8-7/27	2:00-3:00pm
160202	3rd-5th Grade	Wednesday	6/8-7/27	2:00-3:00pm
160203	K-2nd Grade	Thursday	6/9-7/28	3:00-4:00pm
160204	3rd-5th Grade	Thursday	6/9-7/28	3:00-4:00pm
160205	K-2nd Grade	Friday	6/10-7/29	3:00-4:00pm
160206	3rd-5th Grade	Friday	6/10-7/29	3:00-4:00pm

Class Fee: \$145 per session
Instructor: LLC Staff
Material Fee: \$20 due first class meeting
Location: Leaders Learning Center

WRITING & READING ENRICHMENT - 8 WEEKS

This course will improve student's English Language Arts Skills. Through our common core standard curriculum, students will learn by reading educational passages about history, science, fables, etc. In combination with reading comprehension questions that invoke active, critical thinking to determine central themes, meaning of context, and purpose of the literature. Students will also learn to express themselves through argumentative, informative, and narrative writing. This class is designed for students from kindergarten to 6th grade. Classes will be held in small groups of students of similar ages.

160401	K-2nd Grade	Wednesday	6/8-7/27	3:00-4:00pm
160402	3rd-5th Grade	Wednesday	6/8-7/27	3:00-4:00pm
160403	K-2nd Grade	Thursday	6/9-7/28	4:00-5:00pm
160404	3rd-5th Grade	Thursday	6/9-7/28	4:00-5:00pm
160405	K-2nd Grade	Friday	6/10-7/29	4:00-5:00pm
160406	3rd-5th Grade	Friday	6/10-7/29	4:00-5:00pm

Class Fee: \$145 per session
Instructor: LLC Staff
Material Fee: \$20 due first class meeting
Location: Leaders Learning Center

ROBOTICS EDUCATION FOR KIDS - 8 WEEKS

The hands-on solutions ignite children's natural desire to explore and discover. Learn robotics with LEGO Education newest technology. Build snapping alligators, race cars, and spinning robots, then program them with the award-winning programming software. Students will learn subjects like math, science, technology, and engineering more effectively while improving and developing their 21st-century skills, like problem solving, collaboration and communication. **Min. 5 students, Max. 10.**

160703	K-3rd Grade	Thursday	6/9-7/28	2:00-3:00pm
160701	K-3rd Grade	Friday	6/10-7/29	3:00-4:00pm
160702	K-3rd Grade	Saturday	6/11-7/30	1:00-2:00pm

Class Fee: \$160
Instructor: LLC Staff
Material Fee: \$20 due first class meeting
Location: Leaders Learning Center

ROBOTICS CHALLENGE WORKSHOP - 8 WEEKS

The Next Generation of Engineers... Using programmable robots created by MIT Media Laboratory and LEGO education, learning will be fun. This class introduces intermediate level topics in building and programming robots using the Lego Mindstorms robotics system. Students will experience and practice mechanical design, construction, programming and teamwork skills. This class is a good preparation for students interested in robotics competitions at the league level or join the school team.

Min. 5 students, Max. 10.

160704	K-3rd Grade	Friday	6/10-7/29	4:00-5:00pm
160703	K-3rd Grade	Saturday	6/11-7/30	2:00-3:00pm

Class Fee: \$160
Instructor: LLC Staff
Material Fee: \$20 due first class meeting
Location: Leaders Learning Center

ARTS & CRAFTS FOR KIDS - 8 WEEKS

This is a hands-on project-based art class. Our caring teachers will work one-on-one with students, building one skill upon another, from simple to complex. Students will work on a different subject each class. A variety of media are taught, introduced from watercolor to acrylics on paper and canvas, with different techniques and skills, our goal is to build up their interest and creativity in art. Class is held in small groups range with similar ages.

Maximum 6 Students.

160501	1st-4th Grade	Friday	6/10-7/29	2:00-3:00pm
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Class Fee: \$145
Instructor: LLC Staff
Material Fee: \$25 due first class meeting
Location: Leaders Learning Center

INSTRUCTORS NEEDED:

If you can teach any of the classes in our brochure or have a specialty area which might fit in with the R.A.C.E.-Recreation Department, please call the Recreation office @ (626) 965-5975.

ACADEMIC & COMPUTER CLASSES FOR CHILDREN Cont . . .

YOUNG MINDS ACADEMY LEARNING CENTER

17472 Colima Road, Rowland Heights, CA 91748

The Schedule Each Week:

M-TH Reading, Writing & Math. Fridays: Engineering Project Based Learning

Reading: Focusing on core reading strategies, the lessons give students the essential tools they need to improve their reading comprehension skills.

Writing: Through teacher-led instruction that fosters independence, students engage actively with source texts, learning to research for evidence and acquiring writing strategies.

Math: Prepare our students with authentic math problem-solving practice for the next school year tests.

Engineering Project Based Learning: Students will create different engineering challenges each week. Students will investigate real world challenges using the inquiry process, respond to authentic questions and develop practical solutions in order to inspire change. **Max 4 Students**

150801	3rd-6th Grade	MTWTHF	6/6-6/10	9:00am-12:00pm
150802	3rd-6th Grade	MTWTHF	6/13-6/17	9:00am-12:00pm
150803	3rd-6th Grade	MTWTHF	6/20-6/24	9:00am-12:00pm
150804	3rd-6th Grade	MTWTHF	6/27-7/1	9:00am-12:00pm
150805	3rd-6th Grade	MTWTHF	7/5-7/8*	9:00am-12:00pm
150806	3rd-6th Grade	MTWTHF	7/18-7/22	9:00am-12:00pm
150807	3rd-6th Grade	MTWTHF	7/25-7/29	9:00am-12:00pm

Class Fee: \$175
Instructor: YMA Staff
Class Fee for 7/5-7/8 is \$140

Material Fee: \$25 due first-class meeting
Loc: Young Minds Academy Learning Center
***No Class 7/4**

SATURDAY READING, WRITING & MATH - 5 Weeks

150501	2nd-3rd Grade	Saturday	6/11-7/16*	10:00-11:30am
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Class Fee: \$125
Instructor: YMA Staff
Max 4 Students
Material Fee: \$40 due first-class meeting
Loc: Young Minds Academy Learning Center
***No Class 7/2**

SATURDAY ENGINEERING PROJECT BASED LEARNING - 5 Weeks

150110	2nd-3rd Grade	Saturday	6/11-7/16*	11:30am-12:30pm
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Class Fee: \$125
Instructor: YMA Staff
Max 4 Students
Material Fee: \$25 due first-class meeting
Loc: Young Minds Academy Learning Center
***No Class 7/2**

SPORTS

BASKETBALL FOR BOYS & GIRLS - 8 WEEKS

In these clinic format classes, the instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stay near facility. *****Each Student Needs to bring their OWN Basketball. 5-8-year-old; Youth Size Ball. 9 & Up Official Size Ball.**

THURSDAY CLASSES

210110	Beginning	Ages 4-6	6/9-7/28	3:15-4:00pm
210111	Beginning	Ages 7-10	6/9-7/28	4:00-4:45pm

Class Fee: \$80
Instructor: Adam Sandoval
Location: Killian Elem. South Courts

SATURDAY CLASSES

210103	Beg./Cont.	Ages 5-6	6/4-7/30	9:00-9:45am
210104	Beg./Cont.	Ages 7-8	6/4-7/30	9:45-10:30am
210105	Beg./Cont.	Ages 8-10	6/4-7/30	10:30-11:15am
210106	Cont./Inter.	Ages 7-12	6/4-7/30	11:15am-12:00pm

Class Fee: \$80
Instructor: Adam Sandoval
Location: Killian Elem. South Courts
***No Class 7/2**

CAMPUS BASKETBALL INDOOR GYM - 6 WEEKS

Campus Basketball is designed for players to develop their skills while building on fundamentals. Our basketball program focuses on all levels of basketball competitions. Participants test their new skills and strategy through interactive group activities. We are dedicated to making your basketball experience first class and enjoyable.

Max. Students 10 Per Class. *Each Student Needs to bring their OWN Basketball.**

210204	Ages 8-13	Friday	6/24-7/29	6:30-8:00pm
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Class Fee: \$180
Instructor: Campus Basketball Staff
Location: 20510 Earlgate St., Walnut (Indoor Gym)

SOCCER FOR BOYS & GIRLS - 8 WEEKS

In these clinic format classes, the instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stay near facility. **Students must wear shin guards, cleats are optional. Soccer ball size 3 or 4. ***Each Student Needs to bring their OWN Soccer ball. Soccer ball size 3 or 4.**

220105	Beg/Cont.	Ages 4-5	Monday	6/6-8/1	3:15-4:00pm
220106	Beg/Cont.	Ages 6-7	Monday	6/6-8/1	4:00-4:45pm

Class Fee: \$80
Instructor: Joseph Gayton
Location: Killian Elem. South Campus
***No Class 7/4**

PRIVATE TENNIS LESSONS - 8 WEEKS

*****Registration is IN PERSON ONLY**** at Rowland Adult School, 2100 Lerona Ave. Rowland Heights. Registration is on a First Come Basis on the first day of Registration May 2, 2022, at 1:00pm

Saturday Times offered: 6/4-7/30

8:15-9:00am	9:00-9:45am	9:45-10:30am	10:30-11:15am	11:15am-12:00pm
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Class Fee: \$215
Instructor: Bill Davis
Loc: Rowland High Tennis Courts
***No Class 7/2**

KARATE & KUNG FU

KARATE - 8 WEEKS

Karate teaches the development of physical and mental health. Students build self-esteem, courtesy, self-discipline, and respect for self and others.

290101 Ages 4 & Up Wednesday 6/8-7/27 4:00-4:45pm
Fee: \$80 Instructor: Tim Ruggio Loc: Killian Outside Covered Patio

KUNG FU - 8 WEEKS

Advance Martial Arts Academy was established in 2012 by International Wushu Champion Coach Lu. In these classes students will learn self-defense, improve concentration, increase their confidence, strength, and flexibility. They will also learn hand form, sword, staff, nunchaku, kick boxing and sparring.

290201 Ages 5-7 Thursday 6/7-7/26 5:00-5:50pm
 290202 Ages 5-7 Thursday 6/9-7/28 5:00-5:50pm
 290204 Ages 8-12 Thursday 6/9-7/28 6:00-6:50pm
 290203 Ages 8-12 Saturday 6/4-7/23 2:00-2:50pm

Class Fee: \$140 Martial Arts Training Shoes \$25, Free Uniform
Instr: Xining (Nancy) He Loc: Adv. Martial Arts, 19159 Colima Road, Rowland Hts

DANCE

These dance favorites will be taught in a way that children are sure to enjoy. Your future star will gain flexibility, coordination, self-esteem and learn the basic fundamentals of dance. Students will learn fun routines, enjoyable for even the youngest dancers. Your child will become familiar with proper terminology and classroom etiquette and will enjoy learning in this warm and welcoming environment! **All Dancers must wear Ballet or Jazz Shoes. NO Socks or Tights.**

BABY BALLET, TAP & JAZZ & BALLET, TAP & JAZZ - 8 WEEKS

250101 Baby Ballet, Tap & Jazz Ages 3-8yrs Tuesday 6/7-7/26 4:45-5:30pm
Class Fee: \$80 Instructor: Mary Enriquez Loc: Killian Outside Covered Patio

TAP, JAZZ & BALLET, TINY TOTS & MUSICAL THEATRE - 8 WEEKS

SATURDAY DANCE

250103 Tiny Tots Ballet/Tap Ages 2-3 6/4-7/30* 8:15-9:00am
 250203 Tap, Jazz, Ballet Combo Ages 6-10 6/4-7/30* 9:00-9:45am
 250104 Tiny Tots Ballet/Tap Combo Ages 4-5 6/4-7/30* 9:45-10:30am
 250310 Kids Hip Hop Ages 5 & Up 6/4-7/30* 10:30-11:15am

Class Fee: \$100 Instr: Shanta Robinson Loc: Killian Outside Covered Patio
***No Class 7/2**

THE HIP HOP DANCE CREW - 6 WEEKS

Fun and exciting kids hip hop for beginners! Students will learn cool hip hop moves, and dance styles. Students will be introduced to intensive dance activities & fresh hip hop choreography, while learning to dance to popular music of today! Students will perform in a dance performance.

250301 Ages 6-9 Friday 6/10-7/15 3:00-4:00pm
 250302 Ages 10-14 Friday 6/10-7/15 4:00-5:00pm
Class Fee: \$75 Instr: Talented Arts Loc: Killian Outside Covered Patio

SINGING & ACTING

HOLLYWOOD SUPERSTARS - 6 WEEKS

Does your child love to act and sing? Join this new Hollywood Superstars program where we turn your child into talented actors and singers! Students will enjoy acting games, dance choreography and songs from popular musicals. The class will culminate in an on-stage performance!

270201 Ages 6-9 Monday 6/10-7/15* 4:00-5:00pm
 270202 Ages 10-14 Monday 6/10-7/15* 5:00-6:00pm

Class Fee: \$75 Instr: Talented Arts Loc: Killian Outside Covered Patio
***No Class 7/2**

SWIMMING

ROWLAND RACERS SWIM TEAM/WATER POLO - 8 Weeks

This class is for the intermediate level swimmer to develop as swimmers and learn the fun sport of Water Polo. Time is split between teaching swimming and developing fundamental Water Polo skills. Students will learn how to tread water, pass, and shoot a Water Polo ball, as well as participate in fun games to reinforce these skills. Coach Eva Yi is a former Olympic Water Polo Competitor. **Swimmers Must be able to Swim 2 Laps & know 2 Swim Strokes to enroll.**

Coach Eva Wang is a former Olympic Water Polo Competitor.

- 2012 5th Place, 2012 Summer Olympics in London, United Kingdom
- 2012 1st Place, Women Asian Water Polo Championship in Dubai, United Arab Emirates
- 2011 2nd Place, FINA World Championship in Shanghai, China

71001 Friday 6/10-7/29 6:30-8:00pm
Class Fee: \$135 Coach: Eva Yi Location: Rowland High School Pool



SUMMER AQUATIC PROGRAM 2022 DIVE INTO SUMMER

SWIMMING LESSONS WILL BE OFFERED AT NOGALES & ROWLAND HIGH SCHOOL POOLS

SWIMMING PRE-REGISTRATION SATURDAY APRIL 30, 2022 (IN PERSON REGISTRATION)

Swim Registration will continue Monday on May 2nd and continue until classes are full

Registration is on a First Come Bases

Saturday April 30th from 8:00am to 2:00pm

Location: Rowland Adult & Community Education

2100 Lerona Ave., Rowland Heights

(626) 965-5975 ext. 1567 or 1569

No Email or Mail-in Registration accepted on or before April 30, 2022!

Guidelines for Swim Lessons

- Only Swimmers are allowed on the pool deck. Parents must wait outside the pool.
- Students will line up in the at the entrance of the pool before each class.
- Swimmers will be brought in by staff and brought to their classes. No parents will be allowed on the pool deck.
- On the first day of class, ALL Swimmers in Advanced Beginner and Intermediate Levels will be tested. If they are not ready for that level, they will be asked to exit the water, if the appropriate swim level is unavailable, they will be moved into that class. If the level needed is full a REFUND will be issued.
- At the end of each class, swimmers will dry off, gather their belonging and a staff member will walk them to the Southeast gate for parent pick up.
- Lesson Check-In: On the first day of each session please check in at the "Check-In Table" to get the name of your child's instructor. When checking in for session II & III, & IV, it is the PARENTS' RESPONSIBILITY to inform the check-in staff of the student moving to the next level. Parents must show the swim certificate they were given at the end of the previous session, which states the level the student will be moving into.

General Information

- Children in diapers, or who are not potty trained, must wear a SWIM DIAPER.
- Appropriate swimwear, as defined by the pool staff is required. "Street" clothing, cut-offs, tee-shirts, and bras are not permitted as swimwear.
- Pools may close due to water contamination, dangerous weather, rain, impure air, or lightning. There will be NO Make-Up Classes.
- Guardians are responsible for supervising children. Lifeguards are responsible for rule enforcement and responding to emergencies.
- Most, but not all, pool rules are posted, however all guests must always follow the direction of the pool staff.
- The Recreation Department has a "ZERO TOLERANCE" and reserves the right to refuse service or ask a participant to leave the program to anyone including parent, grandparent or students who uses foul language, rough play, or is disrespectful towards our guest or any staff member. Remember treat one another as you wish to be treated, character counts!
- Parents must remain near the site during students 30-minute lesson. If parents are late there will be a Late Fee Charge of \$1 per minute. To be paid in Cash. NO EXCEPTIONS.
- There will be NO RECREATIONAL SWIM this summer.

LEARN TO SWIM

Welcome to the Rowland Recreation Summer Swim Program. We hope your child's aquatic experience is a positive one. Our Instructors and Lifeguards are trained and certified by the American Red Cross in **Water Safety Instruction, Cardio-pulmonary Resuscitation and First Aid**. Lessons are offered from age 6 months to adults, of all abilities. At the end of each session all students will receive a certificate showing their progress. **Swim lessons will be offered at Nogales & Rowland High School Pool.** Lessons are Monday to Friday for two weeks. Thirty (30) minutes per day. **Please arrive 15 minutes early the first day of the session.**

MAKE-UP POLICY

Swim classes canceled due to pool Closure for safety purposes will **NOT BE RESCHEDULED** (Rolling black outs, water contamination, natural disaster or vandalism). There will be **NO** refunds or make-ups for **MISSED** classes by students.

PARENT RESPONSIBILITY...

Parent must remain on site for the 30 minute class. As instructors have other classes to teach and cannot be responsible for a child's safety outside the specified class time. **A CHARGE WILL BE ASSESSED FOR A LATE PICKUP. \$1 per minute, paid in cash.**



**Rowland Adult
& Community Education**
 RECREATION DEPARTMENT
 INSPIRING YOUTH THROUGH RECREATIONAL ACTIVITY



SUMMER AQUATIC PROGRAM 2022

DIVE INTO SUMMER

PRE-REGISTRATION

Saturday, April 30, 2022 at:

Rowland Adult & Community Education • 2100 Lerna Ave Rowland Heights.
8:00am to 2:00pm
(626) 965-5975 ext. 1567 or 1569

Registration must be made in person by the parent, grandparent or relative living with child. No friends or neighbors. All session fees must be paid regardless of attendance. There is a \$5.00 Registration fee per family. There will be NO make-up for classes students miss. Registration for all sessions will be done at the Rowland Recreation Office.

MONDAY-FRIDAY CLASS SESSION SCHEDULE:

Session I	June 6 to June 17
Session II	June 20 to July 1
Session III	July 5 to July 15
Session IV	July 18 to July 29
No Classes July 4th	

Lessons are offered:

Rowland High Pool 8:45am to 12:35pm & 2:45pm to 5:55pm. Lessons are 30 minutes with 10 minutes in-between to clear the pool for the next lesson.

Nogales High Pool 2:45pm to 5:55pm. Lessons are 30 minutes with 10 minutes in-between to clear the pool for the next lesson

FEES

Parent & Me	\$60.00
Level 2-6	\$75.00
Adult Instruction	\$75.00
Swim Camp	\$225.00
Registration Fee	\$5.00
Transfer Fee	\$10.00

(All Transfers must be made the week prior to the session beginning. No changes will be made once a session has begun. NO EXCEPTIONS.)

APPAREL

Swim suit **must** be worn. Colored T-shirts, loose fitting white T-shirts or cut-offs will not be allowed. Rash guards allowed and recommended. Jewelry should NOT be worn in the pool. Pool staff is not responsible for lost items. Infants and toddlers must wear a Swim Diaper. See pool managers for information. Swimmers must remove all Band-Aids prior to entering the water.

CLASS LEVELS

We offer a variety of the following class levels each ½ hour long.

MOM or DAD & ME

(Infant & Pre-school Aquatics). Children of pre-school age are introduced to the water through this course. Parents participate in the water with the youngster. Class is taught by a Water Safety Instructor. Infants must be at least 6 months to 3 years of age. **MUST WEAR SWIM DIAPER** 5 Students per class.

TINY TOTS, LEVEL 2 (Primary Skills)

This class is designed for children 3 to 5 years of age. Emphasis is placed on water adjustment and fundamental skills. Students will learn to kick and move their arms together. 5 students per class.

BEGINNER LEVEL 3

The objective of this class is to teach students who may be a little timid about the water, but are more advanced than the Tiny Tots Level. Students will be introduced to the front crawl, floating & fully submerging in the water. 5 years & up. 4-5 students per class.

ADVANCED BEGINNERS, LEVEL 4

This class is designed to develop confidence in the strokes previously learned, and to improve other aquatic skills. Students will increase their endurance by swimming elementary backstroke and front & back crawl for greater distances than at level 3 the breast stroke and side stroke will also be introduced at this level. **(class is conducted in deep water)**. 6 years old & up. (Must pass previous level). 8 students per class.

INTERMEDIATE, LEVEL 5

In this intermediate level class students will increase speed, distance and endurance, while fine tuning the 4 strokes. The butterfly stroke will also be introduced. ***Students must be able to swim 25 yards** (Must pass previous level). 10 students per class.

SUMMER SWIM CAMP - 6 Weeks

For boys & girls 8-14 yrs. Great for anyone interested in learning skills necessary to become involved in competitive swimming. **Must be able to swim one lap & demonstrate two different strokes.**

Nogales Pool ONLY

4:30pm-5:30pm

Begins: June 6 to July 28

Mon, Tue, Wed & Thurs

Fee: \$225

Recreation swimming is subject to closure due to CONTAMINATION, bad weather or low attendance. It may be necessary to interrupt Rec. swim in order for our lifeguards to practice rescue drills. Please be patient while we strive to maintain a high level of safety and security.

POOL LOCATIONS:

Nogales High School Pool
401 South Nogales Street
La Puente, 91744

Rowland High School Pool
2000 South Otterbein
Rowland Heights, 91748



**Rowland Adult
& Community Education**
RECREATION DEPARTMENT



2100 LERONA AVENUE
ROWLAND HEIGHTS, CA 91748-3945

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TIME DATED MATERIAL

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City of Industry, CA
Permit No. 4008

ECRWSS



2100 LERONA AVENUE • ROWLAND HEIGHTS, CALIFORNIA 91748
TELEPHONE: (626) 965-5975, ext. 1569 or 1567

RECREATION DEPARTMENT GENERAL INFORMATION

Refund Policy: Please plan carefully, as there will be **NO REFUNDS, CLASS TRANSFERS OR LETTER OF CREDIT**. If the class is canceled by the Recreation Department, a full refund will be processed and mailed to you.

Make up Classes: There are **NO Make up** classes if you miss a class. If a class is canceled due to weather or the instructor out ill, the Recreation Department will do its best to make the class up. The Make up class will be made up at the end of the current session. If there are not enough extra weeks to have the make up on its scheduled day, it will be scheduled on a different day of the week. If a make up day is offered and you cannot attend there will be no refund or letter of credit.

Class Changes: No class changes will be made once a student is registered.

Parent Responsibility: Parent **MUST** be sure instructor is on site before leaving child and **MUST** be on hand **PROMPTLY** at the close of class to pick up child as instructor cannot be required to remain beyond class hours or be responsible for a child's safety outside the specified class time. **A CASH CHARGE WILL BE ASSESSED FOR EARLY DROP-OFF & LATE PICK-UP.** \$10 for the first 15 minutes, \$20 for 30 minutes and \$30 for 45 minutes.

Parents Do Not Wait In Classroom Unless Noted In The Brochure.

Ages and Ability Level:

Ages for proper class placement are noted. Please register for correct age level.

Clothing: Participants in physical activity classes should wear proper shoes and clothing. Children in dance classes need proper footwear. Instructors discuss apparel requirement at first class meeting.

Please Note: This brochure is printed weeks in advance of program beginning and changes in the schedule may occur. We reserve the right to make changes as necessary. Thank you for your understanding and cooperation.

The Recreation Department reserves the right to refuse service or ask a participant to leave the program to anyone including; Parent, Grandparent or Student who is rude or disrespectful to any staff member. Remember treat one another as you wish to be treated, character counts!

The Rowland Unified School District does not discriminate on the basis of race, color, national origin, ethnic group identification, ancestry, religion, age, marital status, gender, sex, sexual orientation, physical mental disability, medical condition, and political belief or affiliation in admission or access to, or treatment of employment in, handicap, in its programs and activities including adult and vocational education.

EMAIL: rusd-recreation@rowlandschools.org

MAIL TO: ROWLAND ADULT & COMMUNITY EDUCATION
2100 LERONA AVE, ROWLAND HEIGHTS, CA 91748

MAKE CHECKS PAYABLE TO: Rowland Unified School District (RUSD)

Student Name: _____ Birthdate: _____ Age: _____ Class Location: _____

Class#: _____ Title: _____ Day: _____ Time: _____ Fee: _____

Student Name: _____ Birthdate: _____ Age: _____ Class Location: _____

Class#: _____ Title: _____ Day: _____ Time: _____ Fee: _____

Non-Refundable Registration Fee: \$5.00

Total: _____

A FULL REFUND WILL ONLY BE MADE WHEN A CLASS IS CANCELED BY THE RECREATION DEPARTMENT. Remember to READ ... SIGN ... and DATE the waiver below. I voluntarily agree to participate or have my children participate in this program, including special events, excursions and recitals. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent supervisor is present. However, in the event of any injury to myself or my child, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activities, against the Supervisor, Department of Recreation Personnel and the Rowland Unified School District.

PRINT NAME OF PARENT / GUARDIAN / ADULT REGISTRANT: _____ DATE: _____

SIGNATURE: _____ EMERGENCY PHONE NO.: _____

Please plan carefully as there will be NO CLASS REFUNDS or TRANSFER. Parents Initials: _____

EMAIL: _____

Address: _____ City: _____ Zip: _____

(CELL #1): _____ (WK.) Mom / Dad: _____ (CELL #2): _____

Method of Payment: ☐ Cash ☐ Check ☐ Charge My: Visa/Mastercard/AmEx Account# _____

Signature: _____ CVC# on C.C. _____ Exp. Date: _____